

Infant Covid-19 Daily Winter Schedule

7:15-7:30	Open room & sanitize all touch services
7:30-8:45	Children arrive, Hand hygiene, AM snack and free play
8:45-9:00	Diaper change and Hand hygiene
9:00-9:35	AM program/ Free explore. Morning nap time (individual resting and sleeping schedules unique to each infant).
9:35-9:50	Prepare for outdoor play
9:50-10:50	Outdoor and Indoor gross motor
10:50-11:00	Hand hygiene and transition to lunch
11:00-12:00	Lunch. Diaper change & Hand hygiene. Free play
12:00-12:30	Transition nap time
12:30-2:30	Afternoon nap (individual resting and sleeping schedules unique to each infant). Free exploration – child centered discovery play and planned activities, quiet and active play (see program plan for details)
2:30-3:40	Wake up. Diaper change, Hand hygiene and PM snack. Free exploration – child centered discovery play and planned activities, quiet and active play (see program plan for details)
3:40-4:00	Prepare for outdoor/indoor gross motor
4:00-5:00	Outdoor/indoor gross motor activities (see program plan for details)
5:00-5:15	Transition inside. Diaper change & Hand hygiene (if needed).
5:15- 5:45	Free play and pick up time

***NOTE: All times are flexible and may vary according to the needs of the children, program, as well as weather provisions.**

**** For inclement weather, the designated space is a modified room and/or gym if available.**

Last Edited – January 3, 2022