



PLAINS RD. CHILDCARE INC.
PRESCHOOL (Covid-19) FALL / WINTER DAILY
SCHEDULE

7:30	Centre Opens
7:30-8:45	Arrival A.M /snack/Free Play/
8:45-10:00	Morning program
10:00-10:20	Prepare for outdoors/Washroom routine/ Hand Hygiene
10:20- 11:20	Outdoor / Gross motor play (See outdoor program plan for details)
11:20-11:30	Washroom routine/Hand hygiene/
11:30-12:00	Lunch
12:00-12:15	Washroom routine/Hand hygiene/
12:15-2:30	Nap/Quiet Activities
2:30-3:30	Free Play/Snack available
3:30-3:45	Prepare for outdoors / Washroom routine/ Hand Hygiene
3:45-4:45	Outdoor / Gross motor play (see outdoor program plan for details)
4:45 – 5:45	Late Snack /Open activities/ Washroom routine
5:45	Center Closes

NOTE: Time frames specified above are flexible and may vary according to the needs of the children, program and weather provisions.

****For inclement weather, the designated space is a modified room and/or gym if available.**

Last Edited – Jan 10/ 2022