

PLAINS RD. CHILDCARE INC.

Preschool 2 (COVID-19) FALL / WINTER DAILY SCHEDULE

7:30- 9:00	Arrival/ Social distance free play/ Snack available
8:50- 9:15	Washroom routine/ Tidy up
9:15-10:15	Outdoor gross motor (see outdoor program plan for details)
10:15 -11:15	Transition indoor/ Indoor program (see program plan)
11:15-11:30	Group time / prepare for lunch
11:30-12:00	LUNCH
12:00-12:10	Washroom Routine/ Prepare for sleep room/ Quiet activity
12:10-2:30	Sleep room/ Early riser activity (see program plan for details)
2:30 – 3:00	Washroom routine/ Snack/ Free play
3:00-3:10	Prepare for outdoor play/ Transition outdoor
3:10-4:20	Outdoor gross motor play (see program plan for details)
4:20-4:25	Transition indoor/ Washroom routine/ Late snack
4:25-5:45	Free play activities
5:45	Center closes

NOTE: Time frames specified above are flexible and may vary according to the needs of the children, program, and weather provisions.

****For inclement weather, the designated space is a modified room and/or gym if available.**

Last Edited – Feb 9 2022