

Infant Daily Fall Schedule

7:00-7:15	Open room & sanitize all touch services.
7:15-8:45	Children arrive, Hand hygiene, AM snack and free play.
8:45-9:15	Diaper change and Hand hygiene
9:15-9:35	AM program/ Free explore. Morning nap time (individual resting and sleeping schedules unique to each infant).
9:35-9:50	Prepare for outdoor play.
9:50-10:50	Outdoor and Indoor gross motor
10:50-11:00	Hand hygiene and transition to lunch
11:00-12:00	Lunch. Diaper change & Hand hygiene. Free play
12:00-12:30	Transition nap time
12:30-2:30	Afternoon nap (individual resting and sleeping schedules unique to each infant). Free exploration – child centered discovery plays and planned activities, quiet and active play (see program plan for details)
2:30-3:30	Wake up. Diaper change, Hand hygiene and PM snack. Free exploration – child centered discovery plays and planned activities, quiet and active play (see program plan for details)
3:30-3:50	Prepare for outdoor/indoor gross motor.
3:50-4:50	Outdoor/indoor gross motor activities (see program plan for details)
4:50-5:30	Transition inside. Diaper change & Hand hygiene, Late snack (if needed).
5:30- 6:00	Free play and pick up time/clean up the room.

***NOTE: All times are flexible and may vary according to the needs of the children, program, as well as weather provisions.**

**** For inclement weather, the designated space is a modified room and/or gym if available.**

Last Edited – September 22, 2024

Infant Daily Winter Schedule

7:00-7:15	Open room & sanitize all touch services.
7:15-8:45	Children arrive, Hand hygiene, AM snack and free play.
8:45-9:15	Diaper change and Hand hygiene
9:15-9:35	AM program/ Free explore. Morning nap time (individual resting and sleeping schedules unique to each infant).
9:35-9:50	Prepare for outdoor play.
9:50-10:50	Outdoor and Indoor gross motor
10:50-11:00	Hand hygiene and transition to lunch
11:00-12:00	Lunch. Diaper change & Hand hygiene. Free play
12:00-12:30	Transition nap time
12:30-2:30	Afternoon nap (individual resting and sleeping schedules unique to each infant). Free exploration – child centered discovery plays and planned activities, quiet and active play (see program plan for details)
2:30-3:30	Wake up. Diaper change, Hand hygiene and PM snack. Free exploration – child centered discovery plays and planned activities, quiet and active play (see program plan for details)
3:30-3:50	Prepare for outdoor/indoor gross motor.
3:50-4:50	Outdoor/indoor gross motor activities (see program plan for details)
4:50-5:30	Transition inside. Diaper change & Hand hygiene, Late snack (if needed).
5:30- 6:00	Free play and pick up time/clean up the room.

***NOTE: All times are flexible and may vary according to the needs of the children, program, as well as weather provisions.**

**** For inclement weather, the designated space is a modified room and/or gym if available.**

Last Edited – December 21, 2024

Infant Daily Spring Schedule

7:00-7:15	Open room & sanitize all touch services.
7:15-8:45	Children arrive, Hand hygiene, AM snack and free play.
8:45-9:15	Diaper change and Hand hygiene
9:15-9:35	AM program/ Free explore. Morning nap time (individual resting and sleeping schedules unique to each infant).
9:35-9:50	Prepare for outdoor play.
9:50-10:50	Outdoor and Indoor gross motor
10:50-11:00	Hand hygiene and transition to lunch
11:00-12:00	Lunch. Diaper change & Hand hygiene. Free play
12:00-12:30	Transition nap time
12:30-2:30	Afternoon nap (individual resting and sleeping schedules unique to each infant). Free exploration – child centered discovery plays and planned activities, quiet and active play (see program plan for details)
2:30-3:40	Wake up. Diaper change, Hand hygiene and PM snack. Free exploration – child centered discovery plays and planned activities, quiet and active play (see program plan for details)
3:40-4:00	Prepare for outdoor/indoor gross motor.
4:00-5:00	Outdoor/indoor gross motor activities (see program plan for details)
5:00-5:30	Transition inside. Diaper change & Hand hygiene, Late snack (if needed).
5:30- 6:00	Free play and pick up time/clean up the room.

***NOTE: All times are flexible and may vary according to the needs of the children, program, as well as weather provisions.**

**** For inclement weather, the designated space is a modified room and/or gym if available.**

Last Edited – March 19, 2024

Infant Daily Summer Schedule

7:00-7:15	Open room & sanitize all touch services.
7:15-8:45	Children arrive, Hand hygiene, AM snack and free play.
8:45-9:15	Diaper change and Hand hygiene
9:15-9:35	AM program/ Free explore. Morning nap time (individual resting and sleeping schedules unique to each infant).
9:35-9:50	Prepare for outdoor play.
9:50-10:50	Outdoor and Indoor gross motor
10:50-11:00	Hand hygiene and transition to lunch
11:00-12:00	Lunch. Diaper change & Hand hygiene. Free play
12:00-12:30	Transition nap time
12:30-2:30	Afternoon nap (individual resting and sleeping schedules unique to each infant). Free exploration – child centered discovery plays and planned activities, quiet and active play (see program plan for details)
2:30-3:40	Wake up. Diaper change, Hand hygiene and PM snack. Free exploration – child centered discovery plays and planned activities, quiet and active play (see program plan for details)
3:40-4:00	Prepare for outdoor/indoor gross motor.
4:00-5:00	Outdoor/indoor gross motor activities (see program plan for details)
5:00-5:30	Transition inside. Diaper change & Hand hygiene, Late snack (if needed).
5:30- 6:00	Free play and pick up time/clean up the room.

***NOTE: All times are flexible and may vary according to the needs of the children, program, as well as weather provisions.**

**** For inclement weather, the designated space is a modified room and/or gym if available.**

Last Edited – June 20, 2024